

# 2016 Summary of Benefits

January 1 – December 31, 2016



GlobalHealth Medicare Options 2, 3, 4, & 5 (HMO)

GlobalHealth is an HMO plan with a Medicare contract. Enrollment in GlobalHealth Medicare (HMO) depends on contract renewal.

1-877-280-5774 (TTY users call 711) 8 a.m. to 8 p.m., 7 days a week www.GlobalHealth.com/Medicare

# Section I Introduction to Summary of Benefits

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

### You Have Choices About How to Get Your Medicare Benefits.

- One choice is to get your Medicare benefits through Original Medicare (feefor-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO)).

### **Tips for Comparing Your Medicare Choices**

This Summary of Benefits booklet gives you a summary of what GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO) covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on http://www.medicare.gov.
- If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www. medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week.

TTY users should call 1-877-486-2048.

#### **Sections in This Booklet**

- Things to Know About GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO)
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at 1-877-280-5774. TTY users can call 711.

### Things to Know About GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO)

#### **Hours of Operation:**

You can call us 7 days a week from 8:00 a.m. to 8:00 p.m. Central time.

### GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO) Phone Numbers and Website:

- If you are a member of this plan, call tollfree 1-877-280-5774
- If you are not a member of this plan, call toll free 1-877-280-5774
- Our website: http://www.globalhealth.com/medicare

#### Who Can Join?

To join GlobalHealth Medicare Options 2,

**3, 4 and 5 (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in Oklahoma: Adair, Alfalfa, Blaine, Caddo, Canadian, Cherokee, Cleveland, Cotton, Craig, Creek, Dewey, Garfield, Garvin, Grady, Grant, Haskell, Hughes, Jefferson, Kingfisher, Kiowa, Lincoln, Logan, Major, Mayes, McClain, McIntosh, Muskogee, Noble, Nowata, Okfuskee, Oklahoma, Okmulgee, Osage, Pawnee, Pittsburg, Pontotoc, Pottawatomie, Pushmataha, Rogers, Seminole, Tillman, Tulsa, Wagoner, and Woods.

# Which Doctors, Hospitals, and Pharmacies Can I Use?

GlobalHealth Medicare Options 2, 3, 4, and 5 (HMO) have a network of doctors, hospitals, pharmacies and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's provider and pharmacy directory at our website (www. globalhealth-medicare.com/search.aspx).

Or, call us and will send you a copy of the provider and pharmacy directories.

#### What Do We Cover?

Like all Medicare health plans, we cover everything that Original Medicare covers – and more.

- Our plan members get all of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- Our plan members also get *more than what is* **covered by Original Medicare.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, http://www. globalhealth.com/medicare\_materials. aspx).
- Or, call us and we will send you a copy of the formulary.

### **How Will I Determine My Drug Costs?**

Our plans group each medication into one of five "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur\*: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

#### \*GlobalHealth Medicare Option 5 (HMO)

Later in this document we discuss the benefit stages that occur after you meet your deductible: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

# Section II Summary of Benefits

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
MONTHLY PREMIUM, D FOR COVERED SERVICE	EDUCTIBLE, AND LIMITS C S	N HOW MUCH YOU PAY
How much is the monthly premium?	<b>\$58 per month.</b> In addition, you must keep paying your Medicare Part B premium.	<b>\$90 per month.</b> In addition, you must keep paying your Medicare Part B premium.
How much is the deductible?	This plan does not have a deductible.	This plan does not have a deductible.
	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.
	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:
Is there any limit on how much I will pay for my	• \$6,000 for services you receive from in-network providers.	• \$4,500 for services you receive from in-network providers.
covered services?	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.
	Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.	Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.

# GlobalHealth Medicare Option 4 (HMO)

# GlobalHealth Medicare Option 5 (HMO)

# MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

FOR COVERED SERVICES		
How much is the monthly premium?	<b>\$30 per month.</b> In addition, you must keep paying your Medicare Part B premium.	<b>\$0 per month.</b> In addition, you must keep paying your Medicare Part B premium.
How much is the deductible?	This plan does not have a deductible.	\$225 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2 which are excluded from the deductible
Is there any limit on how much I will pay for my covered services?	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.
	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:
	• \$4,500 for services you receive from in-network providers.	• \$6,700 for services you receive from in-network providers.
	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.
	Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.	Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
Is there a limit on how much the plan will pay?	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.

# **COVERED MEDICAL AND HOSPITAL BENEFITS**

#### Note:

- Services with a <sup>1</sup> may require prior authorization.
   Services with a <sup>2</sup> may require a referral from your doctor.

# **OUTPATIENT CARE AND SERVICES**

	T	T
Acupuncture	Not covered	Not covered
Ambulance <sup>1</sup>	\$100 copay If you are admitted to the hospital, you do not have to pay for the ambulance services.	\$50 copay If you are admitted to the hospital, you do not have to pay for the ambulance services.
Chiropractic Care <sup>1,2</sup>	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): \$20 copay	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): \$20 copay
Dental Services	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth):  You pay nothing	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): You pay nothing  Preventive dental services:  Cleaning (for up to 2 every year): You pay nothing  Dental x-ray(s) (for up to 2 every year): You pay nothing  Oral exam (for up to 2 every year): You pay nothing

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)
Is there a limit on how much the plan will pay?	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.

### **COVERED MEDICAL AND HOSPITAL BENEFITS**

#### Note:

- Services with a <sup>1</sup> may require prior authorization.
  Services with a <sup>2</sup> may require a referral from your doctor.

# **OUTPATIENT CARE AND SERVICES**

Acupuncture	Not covered	Not covered
Ambulance	\$250 copay  If you are admitted to the hospital, you do not have to pay for the ambulance services.	\$250 copay
Chiropractic Care <sup>1,2</sup>	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): <b>\$20 copay</b>	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): \$20 copay
Dental Services	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth):  You pay nothing	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth):  You pay nothing

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
	Diabetes monitoring supplies: You pay nothing	Diabetes monitoring supplies: You pay nothing
Diabetes Supplies and Services <sup>1,2</sup>	Diabetes self-management training: You pay nothing	Diabetes self-management training: You pay nothing
	Therapeutic shoes or inserts: You pay nothing	Therapeutic shoes or inserts: You pay nothing
	Diagnostic radiology services (such as MRIs, CT scans): \$0 - \$200 copay, depending on the service.	Diagnostic radiology services (such as MRIs, CT scans): \$0 - \$150 copay, depending on the service
Diagnostic Tests, Lab and Radiology Services, and X-Rays (Costs for	Diagnostic tests and procedures: <b>You pay nothing</b>	Diagnostic tests and procedures: You pay nothing
these services may be	Lab services: You pay nothing	Lab services: You pay nothing
different if received in an outpatient surgery setting) <sup>1,2</sup>	Outpatient x-rays: You pay nothing	Outpatient x-rays: You pay nothing
setting)*;-	Therapeutic radiology services (such as radiation treatment for cancer):  You pay nothing	Therapeutic radiology services (such as radiation treatment for cancer): You pay nothing
Doctor's Office Visits <sup>1,2</sup>	Primary care physician visit: You pay nothing	Primary care physician visit: You pay nothing
	Specialist visit: \$35 copay	Specialist visit: \$30 copay
	20% of the cost	20% of the cost
Durable Medical Equipment (wheelchairs, oxygen, etc.) <sup>1</sup>	If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.	If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.
	\$75 copay	\$50 copay
Emergency Care	If you are admitted to the hospital within 48 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.	If you are admitted to the hospital within 48 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)
	Diabetes monitoring supplies: You pay nothing	Diabetes monitoring supplies: 20% of the cost
Diabetes Supplies and Services <sup>1,2</sup>	Diabetes self-management training: You pay nothing	Diabetes self-management training: You pay nothing
	Therapeutic shoes or inserts: <b>You pay nothing</b>	Therapeutic shoes or inserts: 20% of the cost
	Diagnostic radiology services (such as MRIs, CT scans): \$0 - \$200 copay, depending on the service	Diagnostic radiology services (such as MRIs, CT scans): \$0 - \$225 copay, depending on the service
Diagnostic Tests, Lab and Radiology Services, and	Diagnostic tests and procedures: You pay nothing	Diagnostic tests and procedures: 20% of the cost
X-Rays Costs for these services	Lab services: You pay nothing	Lab services: 20% of the cost
may be different if received in an outpatient surgery setting) <sup>1,2</sup>	Outpatient x-rays: 20% of the cost	Outpatient x-rays: 20% of the cost
	Therapeutic radiology services (such as radiation treatment for cancer): 20% of the cost	Therapeutic radiology services (such as radiation treatment for cancer):  20% of the cost
Doctor's Office Visits <sup>1,2</sup>	Primary care physician visit: You pay nothing	Primary care physician visit: You pay nothing
	Specialist visit: \$45 copay	Specialist visit: \$50 copay
	20% of the cost	20% of the cost
<b>Durable Medical Equipment</b> (wheelchairs, oxygen, etc.) <sup>1</sup>	If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.	If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.
	\$75 copay	\$75 copay
Emergency Care	If you are admitted to the hospital within 48 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.	If you are admitted to the hospital within 48 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
Foot Care (podiatry services) <sup>1,2</sup>	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions:  \$35 copay	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions:  \$30 copay
Hearing Services <sup>1,2</sup>	Exam to diagnose and treat hearing and balance issues: \$30 copay	Exam to diagnose and treat hearing and balance issues: \$20 copay
	Routine hearing exam (up to 1 every year): \$30 copay	Routine hearing exam (up to 1 every year): <b>\$20 copay</b>
Home Health Care <sup>1,2</sup>	You pay nothing	You pay nothing
	Inpatient visit:	Inpatient visit:
Mental Health Care <sup>1,2</sup>	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
	Our plan <b>covers 190 days</b> for an inpatient hospital stay.	Our plan <b>covers 190 days</b> for an inpatient hospital stay.
	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 190 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 190 days.	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 190 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 190 days.

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)
Foot Care (podiatry services) <sup>1,2</sup>	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions:  \$40 copay	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions:  \$40 copay
Hearing Services	Exam to diagnose and treat hearing and balance issues: \$45 copay	Exam to diagnose and treat hearing and balance issues: \$50 copay
Home Health Care <sup>1,2</sup>	You pay nothing	You pay nothing
	Inpatient visit:	Inpatient visit:
	Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.	Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.
Mental Health Care <sup>1,2</sup>	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
	Our plan covers <b>90 days</b> for an inpatient hospital stay.	Our plan covers <b>90 days</b> for an inpatient hospital stay.

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
Mental Health Care <sup>1,2</sup> continued	<ul> <li>\$220 copay per day for days 1 through 7</li> <li>You pay nothing per day for days 8 through 90</li> <li>You pay nothing per day for days 91 through 190</li> <li>Outpatient group therapy visit: \$35 copay</li> <li>Outpatient individual therapy visit: \$35 copay</li> </ul>	<ul> <li>\$300 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90</li> <li>You pay nothing per day for days 91 through 190</li> <li>Outpatient group therapy visit: \$30 copay</li> <li>Outpatient individual therapy visit: \$30 copay</li> </ul>
Outpatient Rehabilitation <sup>1,2</sup>	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): \$35 copay  Occupational therapy visit: \$35 copay  Physical therapy and speech and language therapy visit: \$35 copay	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): \$25 copay  Occupational therapy visit: \$25 copay  Physical therapy and speech and language therapy visit: \$25 copay
Outpatient Substance Abuse <sup>1,2</sup>	Group therapy visit: \$40 copay Individual therapy visit: \$40 copay	Group therapy visit: \$30 copay Individual therapy visit: \$30 copay
Outpatient Surgery <sup>1,2</sup>	Ambulatory surgical center: \$125 copay Outpatient hospital: \$200 copay	Ambulatory surgical center: \$125 copay Outpatient hospital: \$200 copay
Over-the- Counter Items	Not Covered	Not Covered
Prosthetic Devices (braces, artificial limbs, etc.) <sup>1</sup>	Prosthetic devices: 20% of the cost Related medical supplies: 20% of the cost	Prosthetic devices: You pay nothing Related medical supplies: You pay nothing

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)
Mental Health	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.	Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.
Care <sup>1,2</sup> continued	• \$300 copay per day for days 1 through 5	• \$310 copay per day for days 1 through 5
	• You pay nothing per day for days 6 through 90	• You pay nothing per day for days 6 through 90
	Outpatient group therapy visit: \$40 copay	Outpatient group therapy visit: \$40 copay
	Outpatient individual therapy visit: \$40 copay	Outpatient individual therapy visit: \$40 copay
	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): <b>\$40 copay</b>	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): <b>\$40 copay</b>
Outpatient Rehabilitation <sup>1,2</sup>	Occupational therapy visit: \$40 copay	Occupational therapy visit: 20% of the cost
	Physical therapy and speech and language therapy visit: \$40 copay	Physical therapy and speech and language therapy visit: 20% of the cost
Outpatient Substance	Group therapy visit: \$40 copay	Group therapy visit: <b>\$40 copay</b>
Abuse <sup>1,2</sup>	Individual therapy visit: \$40 copay	Individual therapy visit: \$40 copay
Outpatient Surgery <sup>1,2</sup>	Ambulatory surgical center: \$225 copay	Ambulatory surgical center: \$275 copay
Surgery	Outpatient hospital: \$300 copay	Outpatient hospital: \$325 copay
Over-the- Counter Items	Not Covered	Not Covered
Prosthetic Devices (braces, artificial limbs, etc.) <sup>1</sup>	Prosthetic devices: 20% of the cost Related medical supplies: 20% of the cost	Prosthetic devices: 20% of the cost Related medical supplies: 20% of the cost

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)	
Renal Dialysis <sup>1,2</sup>	20% of the cost	20% of the cost	
Transportation	Not covered	Not covered	
Urgently Needed Services	\$35 copay	\$35 copay	
	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$45 copay	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$45 copay	
	Routine eye exam (for up to 1 every year): \$45 copay  Eyeglasses (frames and lenses)	Routine eye exam (for up to 1 every year): \$45 copay Eyeglasses (frames and lenses)	
Vision Services	(for up to 1 every year): \$45 copay	(for up to 1 every year): You pay nothing	
	Our plan pays up to \$200 every year for eyeglasses (frames and lenses).	Our plan pays up to \$200 every year for eyeglasses (frames and lenses).	
	Eyeglasses or contact lenses after cataract surgery: You pay nothing	Eyeglasses or contact lenses after cataract surgery: You pay nothing	
	You pay nothing	You pay nothing	
	Our plan covers many preventive services, including:	Our plan covers many preventive services, including:	
Preventive Care <sup>1,2</sup>	<ul> <li>Abdominal aortic aneurysm screening</li> <li>Alcohol misuse counseling</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease (behavioral therapy)</li> <li>Cardiovascular screenings</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>Depression screening</li> <li>Diabetes screenings</li> </ul>	<ul> <li>Abdominal aortic aneurysm screening</li> <li>Alcohol misuse counseling</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease (behavioral therapy)</li> <li>Cardiovascular screenings</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>Depression screening</li> <li>Diabetes screenings</li> </ul>	

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)	
Renal Dialysis <sup>1,2</sup>	20% of the cost	20% of the cost	
Transportation	Not covered	Not covered	
Urgently Needed Services	\$45 copay	\$50 copay	
Vision Services	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$45 copay  Routine eye exam (for up to 1 every year): \$45 copay  Eyeglasses or contact lenses after cataract surgery: You pay nothing	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$50 copay  Routine eye exam (for up to 1 every year): \$50 copay  Eyeglasses or contact lenses after cataract surgery: You pay nothing	
	You pay nothing	You pay nothing	
	Our plan covers many preventive services, including:	Our plan covers many preventive services, including:	
Preventive Care <sup>1,2</sup>	<ul> <li>Abdominal aortic aneurysm screening</li> <li>Alcohol misuse counseling</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease (behavioral therapy)</li> <li>Cardiovascular screenings</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>Depression screening</li> <li>Diabetes screenings</li> </ul>	<ul> <li>Abdominal aortic aneurysm screening</li> <li>Alcohol misuse counseling</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease (behavioral therapy)</li> <li>Cardiovascular screenings</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>Depression screening</li> <li>Diabetes screenings</li> </ul>	

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
Preventive Care continued	<ul> <li>HIV screening</li> <li>Medical nutrition therapy services</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Yearly "Wellness" visit</li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>	<ul> <li>HIV screening</li> <li>Medical nutrition therapy services</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Yearly "Wellness" visit</li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)
Preventive Care continued	<ul> <li>HIV screening</li> <li>Medical nutrition therapy services</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Yearly "Wellness" visit</li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>	<ul> <li>HIV screening</li> <li>Medical nutrition therapy services</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Yearly "Wellness" visit</li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.

Gl	obal	Health	Medicare
O	ption	2 (HM	O)

# GlobalHealth Medicare Option 3 (HMO)

#### INPATIENT CARE

The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.

# **Inpatient Hospital** Care<sup>1,2</sup>

Our plan covers **190** days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 190 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 190 days.

- \$220 copay per day for days 1 through 7
- You pay nothing per day for days 8 through 90
- You pay nothing per day for days 91 through 190

The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.

Our plan covers **190** days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 190 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 190 days.

- \$300 copay per day for days 1 through 5
- You pay nothing per day for days 6 through 90
- You pay nothing per day for days 91 through 190

### Inpatient Mental Health Care

For inpatient mental health care, see the "Mental Health Care" section of this booklet.

For inpatient mental health care, see the "Mental Health Care" section of this booklet.

Gl	obalHe	ealth	Med	icare
O	otion 4	(HM	O)	

# GlobalHealth Medicare Option 5 (HMO)

### INPATIENT CARE

**Inpatient Hospital** 

Care<sup>1,2</sup>

The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.

Our

Our plan covers **90** days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.

- \$300 copay per day for days 1 through 5
- You pay nothing per day for days 6 through 90

The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.

Our plan covers **90** days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.

- \$350 copay per day for days 1 through 5
- You pay nothing per day for days 6 through 90

### Inpatient Mental Healthcare

For inpatient mental health care, see the "Mental Health Care" section of this booklet.

For inpatient mental health care, see the "Mental Health Care" section of this booklet.

	GlobalHealth Medicare Option 2 (HMO)	GlobalHealth Medicare Option 3 (HMO)
INPATIENT CARE		
	Our plan <b>covers up to 100 days</b> in a SNF.	Our plan covers up to 100 days in a SNF.
Skilled Nursing Facility (SNF) <sup>1,2</sup>	• You pay nothing per day for days 1 through 20	• You pay nothing per day for days 1 through 20
	• \$100 copay per day for days 21 through 100	• \$50 copay per day for days 21 through 100
PRESCRIPTION DI	RUG BENEFITS	
How much do I pay?	For Part B drugs such as chemotherapy drugs <sup>1</sup> : 20% of the cost	For Part B drugs such as chemotherapy drugs <sup>1</sup> : <b>20% of the cost</b>
- '	Other Part B drugs <sup>1</sup> :  20% of the cost	Other Part B drugs <sup>1</sup> :  20% of the cost

	GlobalHealth Medicare Option 4 (HMO)	GlobalHealth Medicare Option 5 (HMO)	
INPATIENT CARE			
	Our plan <b>covers up to 100 days</b> in a SNF.	Our plan <b>covers up to 100 days</b> in a SNF.	
Skilled Nursing Facility (SNF) <sup>1,2</sup>	• You pay nothing per day for days 1 through 20	• You pay nothing per day for days 1 through 20	
	• \$150 copay per day for days 21 through 100	• \$160 copay per day for days 21 through 100	
PRESCRIPTION DRUG BENEFITS			
How much do I pay?	For Part B drugs such as chemotherapy drugs <sup>1</sup> : <b>20% of the cost</b>	For Part B drugs such as chemotherapy drugs <sup>1</sup> : <b>20% of the cost</b>	
	Other Part B drugs <sup>1</sup> :  20% of the cost	Other Part B drugs¹: 20% of the cost	

How much do I pay? continued

# GlobalHealth Medicare Option 2 (HMO)

# GlobalHealth Medicare Option 3 (HMO)

#### **Initial Coverage**

You pay the following until your total yearly drug costs reach \$3,310. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies and mail order pharmacies.

#### **Standard Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$9	\$13	\$15
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$17	\$29	\$35
(Generic)	copay	copay	copay
Tier 3	\$45	\$85	\$105
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$95	\$185	\$275
Preferred	copay	copay	copay
Brand)	_ '	_ '	_ ,
Tier 5	30% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

### **Initial Coverage**

You pay the following until your total yearly drug costs reach \$3,310. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies and mail order pharmacies.

#### **Standard Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$9	\$13	\$15
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$17	\$29	\$35
(Generic)	copay	copay	copay
Tier 3	\$45	\$85	\$105
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$95	\$185	\$275
Preferred	copay	copay	copay
Brand)			
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered
		•	7

How much do I pay? continued

# GlobalHealth Medicare Option 4 (HMO)

### **Initial Coverage**

You pay the following until your total yearly drug costs reach \$3,310. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies and mail order pharmacies.

#### **Standard Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$9	\$13	\$15
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$17	\$29	\$35
(Generic)	copay	copay	copay
Tier 3	\$45	\$85	\$105
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$95	\$185	\$275
Preferred	copay	copay	copay
Brand)	_ '	_ '	
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

# GlobalHealth Medicare Option 5 (HMO)

### **Initial Coverage**

After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$3,310. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies and mail order pharmacies.

#### **Standard Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$10	\$15	\$17.50
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$17	\$29	\$35
(Generic)	copay	copay	copay
Tier 3	\$47	\$89	\$110
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$95	\$185	\$275
Preferred	copay	copay	copay
Brand)			
Tier 5	28% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

How much do I pay? continued

# GlobalHealth Medicare Option 2 (HMO)

# GlobalHealth Medicare Option 3 (HMO)

# **Preferred Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	30% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

# **Preferred Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)		_ ′	
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

### **Standard Mail Order Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	30% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

### **Standard Mail Order Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

How much do I pay? continued

# GlobalHealth Medicare Option 4 (HMO)

# GlobalHealth Medicare Option 5 (HMO)

# **Preferred Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

# **Preferred Retail Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$5	\$10	\$12.50
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$42	\$84	\$105
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)		_ ′	_ '
Tier 5	28% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

### **Standard Mail Order Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$4	\$8	\$10
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$40	\$80	\$100
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	33% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

### **Standard Mail Order Cost-Sharing**

Tier	One-	Two-	Three-
	Month	Month	Month
	Supply	Supply	Supply
Tier 1	\$5	\$10	\$12.50
(Preferred	copay	copay	copay
Generic)			
Tier 2	\$12	\$24	\$30
(Generic)	copay	copay	copay
Tier 3	\$42	\$84	\$105
(Preferred	copay	copay	copay
Brand)			
Tier 4 (Non-	\$90	\$180	\$270
Preferred	copay	copay	copay
Brand)			
Tier 5	28% of	Not	Not
(Specialty Tier)	the cost	Offered	Offered

How much do I pay? continued

# GlobalHealth Medicare Option 2 (HMO)

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

#### Coverage Gap

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,310.

After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 58% of the plan's cost for covered generic drugs until your costs total \$4,850, which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### **Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,850, you pay the greater of:

- **5% of the cost**, or
- **\$2.95 copay** for generic (including brand drugs treated as generic) and a **\$7.40 copayment** for all other drugs.

# GlobalHealth Medicare Option 3 (HMO)

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

#### Coverage Gap

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,310.

After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 58% of the plan's cost for covered generic drugs until your costs total \$4,850, which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### **Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,850, you pay the greater of:

- **5% of the cost**, or
- \$2.95 copay for generic (including brand drugs treated as generic) and a
   \$7.40 copayment for all other drugs.

How much do I pay? continued

# GlobalHealth Medicare Option 4 (HMO)

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

#### **Coverage Gap**

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,310.

After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 58% of the plan's cost for covered generic drugs until your costs total \$4,850, which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### **Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,850, you pay the greater of:

- **5% of the cost**, or
- **\$2.95 copay** for generic (including brand drugs treated as generic) and a **\$7.40 copayment** for all other drugs.

# GlobalHealth Medicare Option 5 (HMO)

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

#### **Coverage Gap**

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,310.

After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 58% of the plan's cost for covered generic drugs until your costs total \$4,850, which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### **Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,850, you pay the greater of:

- **5% of the cost**, or
- \$2.95 copay for generic (including brand drugs treated as generic) and a
   \$7.40 copayment for all other drugs.



Medicare (HMO)

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8 a.m. to 8 p.m., 7 days a week www.GlobalHealth.com/Medicare