Dear Plan Member,

As a member of GlobalHealth, you are eligible to receive a quarterly allowance for specific Over-the-Counter (OTC) products, up to the allowable benefit amount of $50.00.

OTC medications are a first line of defense in treating minor ailments; they may also help reduce doctor visits and save you money.

The following categories are available with your program (please view your product list for details):

- Pain Relief
- Digestion/Laxatives/Antacids
- Cough/Cold/Allergy
- Anti-Hemorrhoidals
- Anti-Fungals
- First Aid
- Dental
- Ear & Eye Care
- Vitamins

To access this benefit, you may conveniently order online, by mail, phone or fax and have your OTC eligible items delivered to your door. To order:

- Online: globalhealth.otchs.com
- By mail: send the enclosed order form to: OTC Health Solutions
  9675 NW 117th Avenue, Suite 202
  Miami, FL  33178
  - A new order form will be sent to you with your products
- By phone: 1-888-628-2770 (TTY 711)
- By fax: 1-866-682-6733

GlobalHealth is an HMO plan with a Medicare contract. Enrollment in GlobalHealth depends on contract renewal. GlobalHealth complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-280-2989 (TTY: 711).