

FOR IMMEDIATE RELEASE Oct. 16, 2017 Contact: Cynthia Townsend cynthia.townsend@globalhealth.com (Office) 918.878.7335

## Oklahoma HMO helps Oklahoma Medicare-eligible seniors find Medicare options

GlobalHealth offers insight for seniors affected by 2018 insurance plan changes

**OKLAHOMA** – GlobalHealth, an Oklahoma-based health maintenance organization (HMO), is providing tips and resources to assist Oklahoma Medicare-eligible seniors as they make healthcare decisions during this year's Medicare Annual Enrollment Period from Oct. 15 – Dec. 7, especially to those affected by recent plan changes to their 2018 healthcare coverage.

"The Annual Enrollment Period is a yearly opportunity for Oklahoma Medicare-eligible seniors to assess their current insurance coverage and chose a different plan, if necessary," said Scott Vaughn, GlobalHealth president and CEO. "Medicare can be a complex and sometimes daunting subject to tackle, so we're offering education and resources to seniors considering changes because we want to help them make informed decisions and select the health plan that meets their needs."

Medicare comes in four parts – A, B, C and D. Medicare Part A refers to hospital insurance and helps cover inpatient care in hospitals as well as care in skilled nursing facilities, hospices and home care. Medicare Part B refers to medical insurance and assists in covering a doctor's services, hospital outpatient care and home health care. Additionally, it can cover some preventive services to help maintain your health.

Medicare Part C refers to Medicare Advantage Plans offered by Medicare-approved private insurance companies. These plans include Part A and Part B and may also include Part D benefits. Medicare Part D refers to prescription drug coverage, an option offered by Medicare-approved private insurance companies to provide coverage for the drugs you take at home.

GlobalHealth recommends that Oklahoma seniors evaluate their health and budget to determine which Medicare plan works best.

"We encourage those looking at 2018 Medicare options to research plan offerings in their area, as well as premium costs, prescription drug coverage and medical benefits as key factors when making their final decisions," Vaughn said. "Everyone will have different situations, so once

seniors determine what they need, it's important to research and utilize the many resources available."

More information about Medicare offerings, including Medicare Advantage plans, and costs, can be found at <u>www.Medicare.gov</u>. For Oklahoma-specific information, including counselors who can help review options, contact the Oklahoma Insurance Department's Medicare Assistance Program at 800-763-2828 or <u>www.ok.gov/oid/</u>. Lastly, at the local level, seniors can visit with licensed agents who can provide objective information and answer questions about plans and benefits available in their area.

"GlobalHealth understands that Oklahoma seniors need accessible, affordable, quality and reliable health plans," Vaughn said. "GlobalHealth is one option to consider for Oklahoma-based Medicare Advantage and Medicare Advantage Prescription Drug plans. We offer our plans in 44 counties across Oklahoma, including Tulsa, Rogers, Muskogee, Creek, Mayes and McClain counties."

## **About GlobalHealth**

GlobalHealth is changing health insurance in Oklahoma. As an industry leader, GlobalHealth is an Oklahoma-based health maintenance organization covering more than 44,000 individuals in all 77 Oklahoma counties. Working proactively with each member, GlobalHealth engages a personalized management plan to address their specific needs and ensure the best possible health outcomes. GlobalHealth utilizes cutting edge, predictive data technology as a foundation to deliver improved healthcare as part of its commitment to making health insurance more affordable. Its membership includes state and education employees, federal employees, municipal employees and Medicare Advantage members. GlobalHealth employs more than 250 associates throughout Oklahoma. To learn more, visit www.GlobalHealth.com.

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