**Practice Guidelines for Preventive Care, and Disease Management Conditions**

GlobalHealth recognizes the following Practice Guidelines. We support our Providers in delivering evidenced based, high quality, cost effective care, while empowering the member to actively participate in treatment decisions.

- The GH Quality Improvement Committee has reviewed and approved the following medical and behavioral health evidence-based clinical practice guidelines presented by the National Center for Complementary and Integrative Health, U.S. Department of Health and Human Services, CDC, USPSTF, VA/DOD, SAMHSA or by recognized professional clinical groups.
- These medical and behavioral health conditions were chosen because of identified prevalence in our member population through analysis of claims, lab, pharmacy and health assessment data.

**National Center for Complementary and Integrative Health**
[https://nccih.nih.gov/health/providers/clinicalpractice.htm](https://nccih.nih.gov/health/providers/clinicalpractice.htm)

Note: As of July 16, 2018: AHRQ Master List of Clinical Practice Guidelines is no longer maintained due to loss of funding.

**Preventive Care Recommendations**

GlobalHealth (GH) promotes the use of evidence-based preventive health guidelines to support health. The following recognized sources provide preventive health information based on developmental age.

**Preventive Care Guidelines:**

**USPSTF Recommendations Mobile app:** [ePSS](#)
- Obesity Screening: Adult
- Obesity Screening: Child/ Adolescent
- Breast Cancer Screening
- Colorectal Cancer Screening
- Hypertension
- USPSTF Preventive Care Recommendations (A & B only, updated 2017)
- American Academy of Pediatrics- Bright Futures Preventive Care Guidelines
- American Academy of Pediatrics- Bright Futures Tool Kit
- Healthy Living: Lifestages and Special Populations: CDC
- Immunization Schedules- CDC
Medical Conditions and Disease Management Guidelines:

Asthma and Congestive Obstructive Pulmonary Disease

- [2017 Global Initiative for COPD](#) (Diagnosis, Management and Prevention)
- [Asthma: Guidelines for Diagnosis and Management (EPR-3)](#) NIH
- [COPD Diagnosis and Management](#) American Academy of Family Physicians (updated 2017)
- [VA / DOD COPD Guidelines](#)

Chronic Kidney Disease and related conditions:

- [National Kidney Foundation](#)
- [Chronic Kidney Disease (CKD): NIH](#)

Coronary Artery Disease/ Hypertension

- [ACCF/ AHA Updated Guidelines Unstable Angina/ Non- STEMI](#)
- [ACCF/ AHA Chronic Stable Angina](#)
- [AHA Self Care for Prevention and Management of CAD and Stroke](#) (updated 2017)
- [American Heart Association](#)
- [American Association of Clinical Endocrinologists (ACCE)/ American College of Endocrinologists (ACE) Dyslipidemia and Prevention of CVD](#) (updated 2017)
- [Pharmacologic Treatment of Hypertension (ages 60+)](#) (updated 2017)

Diabetes Mellitus

- [American Association of Clinical Endocrinologists (ACCE)/ American College of Endocrinologists (ACE) Type 2 DM Management Algorithm](#) (updated 2018)

Low Back Pain

- [Noninvasive Treatments for Acute, Subacute and Chronic Low Back Pain](#) American College of Physicians (updated 2017)
- [Diagnosis and Treatment of Low Back Pain](#) American College of Physicians and American Pain Society
Children 0-24 years

- **Infants and Toddlers (Approximate Ages 0-3):** CDC
- **Baby (0-12 months):** American Academy of Pediatrics
- **Toddler (1-3 years):** American Academy of Pediatrics

Children 2-19 years old

- **Infants and Toddlers (Approximate Ages 0-3):** CDC
- **Toddler (1-3 years):** American Academy of Pediatrics
- **Children (Ages 4-11) - Milestones and Schedules:** CDC
- **Preschool (3-5 years):** American Academy of Pediatrics
- **Grade school (5-12 years):** American Academy of Pediatrics
- **Teens (Approximate Ages 12-19):** CDC
- **Young Adult (18-21 years):** American Academy of Pediatrics

Adults 20-64 years old

- **Healthy Aging:** CDC
- **Young Adult (18-21 years):** American Academy of Pediatrics

Adults 65 years and older

- **Healthy Aging:** CDC
- **Health Information for Older Adults:** CDC

Perinatal Care

- **Routine Prenatal Care** Office of Women’s Health (updated 2018)
- **Prenatal** American Academy of Pediatrics
- **Labor, Delivery and Postpartum** American Family Physician
- **Gestational Diabetes** National Diabetes Education Initiative.org (updated 2016)
- **Preeclampsia** American College of Obstetrics and Gynecology
- **Breastfeeding** American Academy of Family Physicians
- **Breastfeeding: CDC Guide to Support**
- **Post- Partum Depression** SAMHSA
- **Vaccinations for Pregnant and Breastfeeding Women** CDC

Behavioral Health/ Substance Abuse Clinical Practice Guidelines:

- **Substance Abuse and Mental Health Services Administration (SAMHSA)**
  - **Mental Health (All Ages)**
  - **Substance Abuse for Primary Care**
- Additional SA/MH Guides
- SAMHSA National Registry of Evidence-based Programs and Practices
- **Attention-Deficit/Hyperactivity Disorder (ADHD)** CDC
- **Autism** American Academy of Child and Adolescent Psychiatry
- **Anxiety:**
  - Anxiety Screening Tool (available in many languages-free)
  - Clinical Practice Review (2016) Anxiety and Depression Association of America (ADAA)
- **Bipolar Disorder**
  - VA/DOD Bipolar Guidelines
  - Treating Bipolar Disorder: Quick Reference American Psychiatric Association
- **Autism** American Academy of Child and Adolescent Psychiatry
- **Depression**
  - Depression Screening Tool (available in many languages-free)
  - Treatment (3rd edition, 2010) APA
  - Clinical Practice Review (2016) Anxiety and Depression Association of America (ADAA)
- **Dementia**
  - Diagnosis of Dementia Alzheimer’s Association
  - Use of Antipsychotics in Patients with Dementia APA (updated 2016)
- **Post-Traumatic Stress Disorder (PTSD)** VA/DoD (Version 3.0, updated 2017)
- **Schizophrenia** (2010) APA
- **Suicide Assessment (SAFE-T) 5 Step Evaluation & Triage for Clinicians**
  - Suicide Mobile App

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