



Here to help.

We all need a pal sometimes. That's why GlobalHealth has teamed up with Papa to offer you access to in-home support through our network of friendly, companion caregivers called Papa Pals.

Papa Pals are here to provide great company and assist with a range of tasks that make daily living easier—when, where, and how you need it most.

Through GlobalHealth you have access to up to 65 hours of in-person help from a Papa Pal per year, at no cost to you.



Companionship



Transportation and Errands



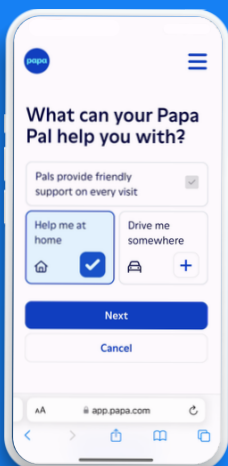
Light House Help



Tech Help



Pet Help



Getting started is easy!



Enroll today by calling 1 (833) 200-6889 (TTY:711)

Everyday, 8:00 a.m. – 8:00 p.m. local time.*

* Papa is closed on Thanksgiving, Christmas Day, and New Year's Day.

Scan the QR code above to visit papa.com/member-central for information on what to expect on your first visit, tasks a Papa Pal can help with, safety policies, and more.

Benefits may vary by plan. Call us or refer to your Evidence of Coverage available on our website www.globalhealth.com for benefit information, periodicity, limitations, and exclusions.

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papa.com