

Keep this catalog
for future orders.

2023 Over-the-Counter (OTC) Product Catalog



Get OTC products delivered to your doorstep at no additional cost!



GlobalHealth.NationsBenefits.com

H3706_OTCCATALOG_2023_C

Helpful Benefit Information



You can save time and money by using your OTC benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your OTC benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two days for delivery.



Returns:

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsOTC.



Disenrollment:

If you disenroll from your health plan, your OTC benefit will automatically end.

Ordering OTC Products Has Never Been Easier

You have four convenient ways to place an order. Choose the option that's best for you:



Website



To place an order through the MyBenefits portal, scan the QR code using your smartphone camera or visit: **GlobalHealth.NationsBenefits.com**



App



To place an order through the MyBenefits app, scan the QR code using your smartphone or search “**MyBenefits**” in the App Store or Google Play.



If this is your first time placing an order online, you will need to create an account by registering on the **MyBenefits portal** or the **MyBenefits app**. If you already created an account, simply log in and select the items you would like to order. Once you're ready to place your order, click “**Checkout.**”



Phone

To place an order by phone, please call **877-241-4736 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsOTC
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

Please Note: Order forms should be mailed **before the 20th of the month** to ensure the order total is applied to the current benefit period. We encourage you to place an order online or by phone if the end of your benefit period is approaching. Please do not send cash or checks in the mail.

Product Categories



To see a complete list of your covered 2023 OTC products, please visit the **MyBenefits portal** at **GlobalHealth.NationsBenefits.com**.

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Item #	Description	Count	Price
Anticandidal (Yeast)			
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	1 ct.	\$13.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	1 ct.	\$17.00
Bathroom Safety & Fall Prevention			
5647	Bath Mat, Non-Skid	1 ct.	\$14.00
5537	Bath Safety Bench without Back	1 ct.	\$45.00
5532	Raised Toilet Seat, Locking	1 ct.	\$30.00
5534	Raised Toilet Seat with Arms	1 ct.	\$45.00
5853	Shower Mat, Non-Skid	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	1 ct.	\$5.50
Cold, Flu & Allergy			
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$4.50
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	1 ct.	\$13.00
5133	Cepacol® Sore Throat Lozenges	16 ct.	\$5.00
5052	Cetirizine Allergy Tablets, 10 mg.	30 ct.	\$8.00
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	100 ct.	\$6.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$5.00
5220	Cough Drops, Cherry	30 ct.	\$3.00
5545	Cough Drops, Honey Lemon	30 ct.	\$3.00
5126	Cough Drops, Menthol	30 ct.	\$3.00
5405	Cough Drops, Sugar-Free, Black Cherry	25 ct.	\$3.00
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$6.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$6.00
5236	Day Cold & Flu Softgels	16 ct.	\$9.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$3.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	100 ct.	\$5.00
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$11.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$21.00
6028	Herpecin-L® Lip Balm, 1%, 0.1 oz.	1 ct.	\$9.00

Item #	Description	Count	Price
Cold, Flu & Allergy			
5503	Humidifier, Ultra-Sonic	1 ct.	\$45.00
4001	Levocetirizine Allergy Tablets, 5 mg.	35 ct.	\$5.00
5418	Loratadine Allergy Tablets, 10 mg.	30 ct.	\$4.00
5857	Loratadine Allergy Tablets, 10 mg.	100 ct.	\$12.00
6031	Loratadine Allergy Tablets, 10 mg.	365 ct.	\$25.00
5559	Medicated Lip Balm, 0.15 oz.	1 ct.	\$2.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.00
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	30 ct.	\$7.00
5691	Mucus Relief Tablets, 400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	24 ct.	\$6.00
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	1 ct.	\$8.00
5082	Nasal Decongestion PE Tablets, 10 mg.	36 ct.	\$4.00
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$4.00
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$6.00
5083	Night Cold & Flu Softgels	16 ct.	\$9.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$3.50
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$7.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	1 ct.	\$4.00
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	1 ct.	\$3.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$4.00
5511	Vapor Rub, 3.5 oz.	1 ct.	\$5.00
Dental & Denture Care			
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$4.00
5546	Denture Cleaning Tablets	40 ct.	\$4.00
5200	Interdental Flossers	90 ct.	\$3.50
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$3.00
5510	Toothbrush, Adult	1 ct.	\$1.50
5101	Toothbrush, Colgate®, Adult Medium	1 ct.	\$3.00
5505	Toothbrush, Colgate®, Adult Soft	1 ct.	\$3.00
5702	Toothbrush, Soft 2-pack	1 ct.	\$5.50
5047	Toothpaste, Colgate®, 4 oz.	1 ct.	\$4.00

Item #	Description	Count	Price
Dental & Denture Care			
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$3.00
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$3.50
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	1 ct.	\$4.00
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$4.00
Diabetes Care			
5295	Alcohol Pads*	100 ct.	\$3.50
4109	Alcohol Pads, Large*	100 ct.	\$5.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$12.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$7.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$7.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$7.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$7.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$7.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$7.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$9.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$9.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	1 ct.	\$9.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$9.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$9.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	1 ct.	\$9.00
5313	Glucose Tablets	50 ct.	\$6.00
5528	Sharps Container, 1 qt.	1 ct.	\$3.00
Digestive Health			
6004	Antacid / Anti-Gas Liquid, 12 oz.	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	150 ct.	\$5.00
5438	Antacid Chewables, Extra Strength, 750 mg.	96 ct.	\$4.50
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	36 ct.	\$6.00
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$5.00
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$5.00
5213	Bisacodyl Tablets, 5 mg.	100 ct.	\$4.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$5.00
5238	Driminate Motion Sickness Tablets, 50 mg.	12 ct.	\$3.00

Item #	Description	Count	Price
Digestive Health			
5466	Effervescent Tablets	36 ct.	\$5.00
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2.00
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.*	30 ct.	\$5.00
5021	Fiber Laxative Caplets, 625 mg.	90 ct.	\$8.00
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$6.00
5188	Glycerin Suppositories	25 ct.	\$6.00
5077	Lactase Enzyme Caplets, 9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.*	14 ct.	\$7.00
5429	Loperamide Anti-Diarrheal Caplets, 2 mg.*	12 ct.	\$5.00
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 ct.	\$5.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets* 2 mg., 125 mg.*	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	1 ct.	\$5.00
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$12.00
5795	Milk of Magnesia, 12 oz.	1 ct.	\$4.50
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	1 ct.	\$14.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	14 ct.	\$10.00
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$23.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.*	42 ct.	\$24.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$13.50
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$3.00
5062	Stomach Relief Liquid, 525 mg., 8 oz.	1 ct.	\$4.00
5336	Stomach Relief Tablets, 262 mg.	30 ct.	\$5.00
Eye & Ear Care			
5004	Artificial Tears Drops, 0.5 oz.	1 ct.	\$4.50
5385	Cotton Swabs	300 ct.	\$4.00
5031	Ear Dry Drops, 1 oz.	1 ct.	\$7.50

Item #	Description	Count	Price
Eye & Ear Care			
5815	Ear Pain Relief Ear Drops, 10 ml.	1 ct.	\$13.00
5166	Ear Syringe	1 ct.	\$2.50
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$3.00
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$9.00
5138	Eye Wash Solution, 3.9 oz.	1 ct.	\$8.50
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$7.00
4004	Ketotifen Fumarate Ophthalmic Solution, 0.025%, 5 ml.	1 ct.	\$15.00
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	1 ct.	\$8.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	50 ct.	\$23.00
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$8.00
5706	Stye Eye Compress	1 ct.	\$11.00
5707	Stye Eye Ointment, 3.5 gm.	1 ct.	\$11.00
Feminine Care			
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	1 ct.	\$4.00
5114	Feminine Hygiene Wipes	40 ct.	\$3.00
First Aid & Medical Supplies			
5404	Adhesive First Aid Tape*	1 ct.	\$3.00
5682	Alcohol Swabs*	3 ct.	\$3.00
5816	Antiseptic Skin Cleanser, 8 oz.	1 ct.	\$11.00
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$4.00
5698	Bactine® Solution, 5 oz.	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	1 ct.	\$2.00
5173	Bandages, Assorted*	100 ct.	\$4.50
4061	Bandages, Finger and Knuckle	20 ct.	\$3.00
4093	Bandages, Knuckle	100 ct.	\$5.00
5128	Band-Aids®*	100 ct.	\$8.50
5203	Benadryl® Cream, 1 oz.	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	1 ct.	\$6.00
5199	Butterfly Closures	12 ct.	\$3.00
5066	Calamine Lotion, 6 oz.	1 ct.	\$4.00
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1 ct.	\$8.00

Item #	Description	Count	Price
First Aid & Medical Supplies			
5192	Cotton Balls	100 ct.	\$4.00
5866	Cotton Tipped Applicator, 6"	1,000 ct.	\$8.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$4.00
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$16.00
5193	Disposable Gloves, Nitrile, Medium	100 ct.	\$16.00
5191	Disposable Gloves, Nitrile, Large	100 ct.	\$16.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$16.00
5867	First Aid Kit, 20 Pieces	1 ct.	\$3.00
5612	First Aid Kit, 75 Pieces	1 ct.	\$7.50
5711	First Aid Kit, 175 Pieces	1 ct.	\$15.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	1 ct.	\$7.00
5459	Gauze Pad, Sterile*	100 ct.	\$7.00
5433	Gauze Sponges, 4" x 4"*	25 ct.	\$4.00
5400	Hydrocortisone Cream, 1%, 1 oz.	1 ct.	\$4.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.00
5227	Hydrogen Peroxide, 3%, 8 oz.	1 ct.	\$4.00
5317	Ice Bag	1 ct.	\$5.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$8.00
5059	Neosporin® Ointment, 0.5 oz.	1 ct.	\$8.00
5250	Neosporin® Plus, 0.5 oz.	1 ct.	\$9.00
5437	Petroleum Jelly, 4 oz.	1 ct.	\$3.00
5712	Povidone Iodine Solution Antiseptic, 4 oz.	1 ct.	\$6.00
6079	PPE Kit (2 Pair Gloves, 1 Face Mask, 4 Alcohol Prep Pads)	1 kit	\$7.00
5817	Procedural Face Masks with Earloops	50 ct.	\$12.00
5541	Rubbing Alcohol, 70%, 16 oz.*	1 ct.	\$4.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.00
6042	Tape, Paper Surgical, 2" x 10 yd.*	1 ct.	\$3.00
6043	Tape, Silk Surgical, 1" x 10 yd.*	1 ct.	\$2.00
6044	Tape, Silk Surgical, 2" x 10 yd.*	1 ct.	\$3.00
6045	Tape, Transparent Surgical, 1" x 10 yd.*	1 ct.	\$2.00
6046	Tape, Transparent Surgical, 2" x 10 yd.*	1 ct.	\$3.00
4082	Tegaderm™ Patches, 2.375" x 2.75"	8 ct.	\$8.00

Item #	Description	Count	Price
First Aid & Medical Supplies			
5544	Toe Separator	6 ct.	\$5.00
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$4.00
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$4.50
5127	Vaseline® Jelly, 3.75 oz.	1 ct.	\$4.50
5121	Warm & Cold Water Bottle	1 ct.	\$8.00
Foot Care			
4052	Arch Support, Adjustable	1 pair	\$16.00
5818	Bunion Guard	1 ct.	\$9.00
5219	Callus Cushions	6 ct.	\$3.00
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6.00
6018	Corn Remover Pads	9 ct.	\$6.00
5543	Foot Powder, 4 oz.	1 ct.	\$5.00
5819	Hammer Toe Crest	1 ct.	\$10.00
4124	Insoles for Men, Trim To Fit	1 pair	\$2.00
4125	Insoles for Women, Trim To Fit	1 pair	\$2.00
5667	Lamb's Wool Padding	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$5.00
5158	Medicated Callus Removers	6 ct.	\$4.00
5431	Miconazole Nitrate, 2%, 1 oz.	1 ct.	\$6.50
5159	Moleskin Sheets	4 ct.	\$4.00
4216	Plantar Fasciitis Sleeve, Small	1 ct.	\$15.00
4217	Plantar Fasciitis Sleeve, Medium	1 ct.	\$15.00
4218	Plantar Fasciitis Sleeve, Large	1 ct.	\$15.00
4219	Plantar Fasciitis Sleeve, X-Large	1 ct.	\$15.00
4045	Toe Cushions, Foam (4-in-1)	1 pair	\$5.50
6049	Toe Protector, Small	1 ct.	\$8.00
6050	Toe Protector, Large	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00

Item #	Description	Count	Price
Hemorrhoidal Preparations			
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$5.00
5076	Hemorrhoid Pad, 50%	100 ct.	\$7.00
5351	Hemorrhoid Suppository	12 ct.	\$7.00
Home Diagnostic & Patient Aids			
5602	Bathroom Scale, Dial ^{†§}	1 ct.	\$20.00
5119	Bathroom Scale, Digital ^{†§}	1 ct.	\$35.00
5814	Bathroom Scale, Digital Talking ^{†§}	1 ct.	\$45.00
5562	Blood Pressure Monitor, Manual [†]	1 ct.	\$15.00
5371	Blood Pressure Monitor, Upper Arm Automatic [†]	1 ct.	\$35.00
5573	Blood Pressure Monitor, Upper Arm Talking [†]	1 ct.	\$45.00
5100	Button & Zipper Aid	1 ct.	\$5.00
6019	CPAP Mask Wipes	72 ct.	\$12.00
4002	Drug Disposal System, 4 oz.	1 ct.	\$8.00
5201	Heart Rate Monitor Watch [†]	1 ct.	\$35.00
6034	Medical ID Bracelet, Diabetic	1 ct.	\$12.00
6035	Medical ID Bracelet, Heart	1 ct.	\$12.00
5822	Medicine Bottle Opener with Magnifier	1 ct.	\$10.00
4141	Pedometer	1 ct.	\$15.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$4.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter [†]	1 ct.	\$35.00
5098	Reaching Aid Device	1 ct.	\$16.50
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$28.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
Home Health Care			
5315	Cane, Adjustable Quad Standard*	1 ct.	\$22.00
6041	Cane, Adjustable Quad Large*	1 ct.	\$23.00
Incontinence Supplies			
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	24 ct.	\$14.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	24 ct.	\$18.00

*†§See Page 19

Item #	Description	Count	Price
Incontinence Supplies			
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"	20 ct.	\$18.00
5717	Barrier Cream, 4 oz.	1 ct.	\$9.00
5150	Bladder Control Pad, Adult*	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	20 ct.	\$17.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	28 ct.	\$12.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	28 ct.	\$16.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"	20 ct.	\$15.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"	18 ct.	\$15.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"	14 ct.	\$15.00
5529	Flushable Wipes*	24 ct.	\$5.50
5170	Underpad, Disposable, 23" x 36"	5 ct.	\$5.00
5721	Underpad, Disposable, 23" x 36"	15 ct.	\$11.00
4187	Urinal, Female	1 ct.	\$15.00
5413	Zinc Oxide Ointment, 20%, 1 oz.	1 ct.	\$3.00
Pain Relief			
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$11.00
5303	Acetaminophen Extra Strength Tablets, 500 mg.	100 ct.	\$6.50
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	100 ct.	\$7.50
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$3.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$7.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00
4101	ActivICE™ Pain Relief Gel, 4 oz.	1 ct.	\$8.00
5054	Advil® LiquiGels, 200 mg.	20 ct.	\$8.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	50 ct.	\$12.00
5243	Aleve® Caplets, 220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	90 ct.	\$15.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	1 ct.	\$13.00
5073	Aspirin Chewables, Low Dose, 81 mg.	36 ct.	\$2.50
5297	Aspirin Tablets, 325 mg.	100 ct.	\$3.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	100 ct.	\$4.00
5090	Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.	120 ct.	\$4.00

Item #	Description	Count	Price
Pain Relief			
5205	Bayer® Aspirin, 325 mg.	100 ct.	\$12.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$2.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$12.00
5363	Ecotrin® Enteric Coated Aspirin Tablets, 325 mg.	125 ct.	\$11.00
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	20 ct.	\$5.00
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$3.00
5485	Ibuprofen Tablets, 200 mg.	100 ct.	\$5.00
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	5 ct.	\$9.00
4008	Medicated Pain Relief Patch	60 ct.	\$7.00
4009	Medicated Pain Relief Patch, Large	6 ct.	\$7.00
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$3.00
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6.00
5889	Naproxen Sodium Caplets, 220 mg.	100 ct.	\$8.50
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	1 ct.	\$10.00
4142	Tylenol® Extra Strength Dissolve Packs, 500 mg.	12 ct.	\$7.00
5423	Tylenol® Extra Strength Tablets, 500 mg.	100 ct.	\$17.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	24 ct.	\$11.00
5424	Tylenol® Regular Strength Tablets, 325 mg.	100 ct.	\$12.50
6065	Urinary Pain Relief, 95 mg.	30 ct.	\$10.00
Personal Care			
4130	Medicated Body Powder, 8 oz.	1 ct.	\$3.00
Skin Care			
5169	Anti-Bacterial Wet Wipes	24 ct.	\$3.00
5091	Dry Skin Cream, 16 oz.	1 ct.	\$9.00
4143	Hand Sanitizer Gel, 2 oz.	1 ct.	\$2.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$4.50
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$6.00

Item #	Description	Count	Price
Sleep Aids			
5074	Diphenhydramine Sleep Tablets	50 ct.	\$5.00
5891	Nasal Strips, Medium	30 ct.	\$10.00
5892	Nasal Strips, Large	30 ct.	\$10.00
Smoking Cessation			
5050	Nicotine Gum, 2 mg.†	20 ct.	\$9.00
5049	Nicotine Gum, 4 mg.†	20 ct.	\$9.00
5285	Nicotine Gum, 4 mg.†	50 ct.	\$22.00
5689	Nicotine Lozenge, 4 mg.†	72 ct.	\$38.00
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr.†	14 ct.	\$34.00
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr.†	14 ct.	\$34.00
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr.†	14 ct.	\$34.00
Supports & Braces			
5146	Anti-Embolism Stockings, Small	1 pair	\$7.00
5148	Anti-Embolism Stockings, Medium	1 pair	\$7.00
5560	Anti-Embolism Stockings, Large	1 pair	\$7.00
5147	Anti-Embolism Stockings, X-Large	1 pair	\$7.00
5207	Arthritis Gloves, Small	1 pair	\$25.00
5208	Arthritis Gloves, Medium	1 pair	\$25.00
5209	Arthritis Gloves, Large	1 pair	\$25.00
6006	Arthritis Knee Sleeve, Small	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	1 ct.	\$24.00
6008	Arthritis Knee Sleeve, Large	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	1 ct.	\$24.00
6090	Back Support with Suspenders, Small	1 ct.	\$20.00
6091	Back Support with Suspenders, Medium	1 ct.	\$20.00
6092	Back Support with Suspenders, Large	1 ct.	\$20.00
6093	Back Support with Suspenders, X-Large	1 ct.	\$20.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)†	1 pair	\$13.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)†	1 pair	\$13.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)†	1 pair	\$13.00

Item #	Description	Count	Price
Supports & Braces			
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11) [†]	1 pair	\$13.00
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5) [†]	1 pair	\$13.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5) [†]	1 pair	\$13.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5) [†]	1 pair	\$13.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5) [†]	1 pair	\$13.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5) [†]	1 pair	\$13.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5) [†]	1 pair	\$13.00
6024	Elastic Bandage, 2" x 4.5 yd.*	1 ct.	\$2.00
5398	Elastic Bandage, 3" x 5 yd.*	1 ct.	\$2.00
5152	Elastic Bandage, 4" x 5 yd.*	1 ct.	\$2.00
6025	Elastic Bandage, 6" x 5 yd.*	1 ct.	\$4.00
5735	Knee Support, Elastic, Small	1 ct.	\$8.00
5736	Knee Support, Elastic, Small with Stays	1 ct.	\$18.00
5910	Knee Support, Elastic, Medium	1 ct.	\$8.00
5911	Knee Support, Elastic, Medium with Stays	1 ct.	\$18.00
5912	Knee Support, Elastic, Large	1 ct.	\$8.00
5913	Knee Support, Elastic, Large with Stays	1 ct.	\$18.00
Vitamins & Dietary Supplements			
4054	Acidophilus Probiotics, 500 mm. [†]	100 ct.	\$9.00
5068	Antioxidant Tablets [†]	50 ct.	\$7.00
4149	Apple Cider Vinegar Tablet, 300 mg.	250 ct.	\$10.00
6012	Beta Carotene, 7,500 mcg. [†]	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg. [†]	60 ct.	\$8.50
5300	Calcium, 600 mg. [†]	60 ct.	\$6.00
5298	Calcium + Vitamin D3 Tablets, 600 mg. [†]	60 ct.	\$4.00
5739	Calcium Chew, Chocolate, 650 mg. [†]	60 ct.	\$10.00
5181	Calcium, Oyster Shell, 500 mg. [†]	100 ct.	\$6.00
4037	Chromium Picolinate [†] , 200 mcg. [†]	100 ct.	\$6.00

Item #	Description	Count	Price
Vitamins & Dietary Supplements			
4024	Cinnamon Capsules, 1,000 mg.†	100 ct.	\$6.00
5402	Cod Liver Softgels, 400 mg.†	110 ct.	\$6.00
5156	Coenzyme Q-10, 100 mg.†	30 ct.	\$11.00
4131	Cranberry Capsules, 500 mg.†	90 ct.	\$5.00
5306	Daily Multivitamin†	100 ct.	\$3.00
5918	Daily Multivitamin Gummy†	120 ct.	\$12.00
6063	DHEA Hormonal Supplement, 25 mg.†	90 ct.	\$10.00
5182	Echinacea, 400 mg.†	100 ct.	\$10.00
5448	Eye Supplement Tablets†	60 ct.	\$4.00
5740	Ferrous Gluconate Iron Supplement, 240 mg.†	100 ct.	\$4.50
5299	Ferrous Sulfate Iron Supplement, 325 mg.†	100 ct.	\$3.00
5140	Fish Oil Softgels, 1,000 mg.†	60 ct.	\$9.00
5271	Flaxseed Oil Softgels, 1,000 mg.†	100 ct.	\$8.00
5071	Folic Acid, 400 mcg.†	100 ct.	\$3.00
5668	Folic Acid, 800 mcg.†	100 ct.	\$5.00
5069	Garlic Oil, 500 mg.†	100 ct.	\$10.00
4023	Ginkgo Biloba Capsules, 60 mg.†	50 ct.	\$5.00
4021	Ginseng Capsules, 200 mg.†	50 ct.	\$5.00
6026	Glucosamine (Joint Health Support), 500 mg.†	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.†	60 ct.	\$16.00
5919	Immune Support Chewables†	50 ct.	\$9.00
4081	Leg Cramps Pain Relief Caplets†	40 ct.	\$12.00
5436	Lutein, 20 mg.†	60 ct.	\$11.00
5742	Magnesium, 250 mg.†	110 ct.	\$6.00
5328	Magnesium, 500 mg.†	100 ct.	\$7.00
5273	Melatonin, 3 mg.†	90 ct.	\$6.00
5358	Melatonin Gummy, 5 mg.†	120 ct.	\$12.00
5743	Niacin, 100 mg.†	100 ct.	\$5.00
5184	Niacin, 500 mg.†	100 ct.	\$6.00
5255	Niacin Flush Free, 500 mg.†	60 ct.	\$10.00
5920	One Daily Men's Multivitamin†	100 ct.	\$6.00
5186	One Daily Women's Multivitamin†	100 ct.	\$6.00

Item #	Description	Count	Price
Vitamins & Dietary Supplements			
5174	Potassium Gluconate, 595 mg.†	100 ct.	\$6.00
4069	Red Rice Yeast, 600 mg.†	60 ct.	\$10.00
5744	Rena-Vite†	100 ct.	\$9.00
5226	Selenium, 200 mcg.†	60 ct.	\$5.00
5132	Senior Multivitamin†	90 ct.	\$7.00
4005	Senior Men's Multivitamin†	100 ct.	\$9.00
4006	Senior Women's Multivitamin†	100 ct.	\$9.00
5921	Stress Formula Tablets with Zinc†	60 ct.	\$5.00
4025	Turmeric Capsules, 500 mg.†	60 ct.	\$7.00
5065	Vitamin A, 3,000 mcg.†	100 ct.	\$4.00
5745	Vitamin B-1, 100 mg.†	100 ct.	\$6.00
5308	Vitamin B-12, 100 mcg.†	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg.†	100 ct.	\$6.00
6060	Vitamin B-12, 1,000 mcg.†	100 ct.	\$9.50
5922	Vitamin B-12, Sublingual, 5,000 mcg.†	30 ct.	\$6.50
4098	Vitamin B-50 Complex†	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg.†	100 ct.	\$6.00
5305	Vitamin B-Complex†	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C†	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy†	70 ct.	\$12.00
5301	Vitamin C, 500 mg.†	100 ct.	\$5.00
5748	Vitamin C, 1,000 mg.†	100 ct.	\$9.00
5492	Vitamin C Gummy, 250 mg.†	60 ct.	\$9.00
5175	Vitamin D3, 10 mcg.†	100 ct.	\$4.00
5183	Vitamin D3, 25 mcg.†	100 ct.	\$8.00
5749	Vitamin D3, 125 mcg.†	100 ct.	\$8.50
5356	Vitamin D3 Gummy, 50 mcg.†	60 ct.	\$11.00
5750	Vitamin E, 45 mg.†	100 ct.	\$6.00
5269	Vitamin E, 180 mg.†	110 ct.	\$9.00
5274	Zinc Tablets, 50 mg.†	100 ct.	\$6.00

*Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

†Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

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STEP 1 – Fill Out Your Personal Information

Member ID (found on member ID card) _____ **Date of Birth** (MM/DD/YYYY) _____

First Name _____ **Last Name** _____

Street # _____ **Street Name** _____ **Apt/Suite #** _____

City _____ **State** _____ **ZIP Code** _____

Phone _____ **Email** _____

STEP 2 – Make Your Selection

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
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_____	_____	_____	_____	\$ _____
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_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____

STEP 2 – Make Your Selection

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
Total Order Amount				\$ _____

NOTE: If the total amount exceeds your benefit allowance, a Member Experience Advisor will call you to collect payment before your order can be processed.

STEP 3 – Mail Completed Form

Send the completed order form using the postage-paid envelope to:

NationsOTC
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

If you have any questions or need assistance placing your order, please call NationsOTC at **877-241-4736 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available free of charge.

I understand that the phone numbers and/or emails I provided on this form may be used by NationsOTC or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Please mail your order form no later than the 20th of the month to ensure your order total is applied to the current benefit period. If you need your order sooner, please go online or call.

Notes:

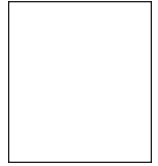


You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any questions you may want to ask a Member Experience Advisor on your next call.



nations OTC

1801 NW 66th Avenue, Suite 100
Plantation, FL 33313



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Complete and mail
an order form to
NationsOTC



If you have any questions or need help placing your order, we're here for you.
Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.
Language support services are available if needed, free of charge.

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